



Rhythms of Grace: Discovering God's Tempo for Your Life

By Kerri Weems, Christine Caine

Zondervan. Paperback. Book Condition: new. BRAND NEW, Rhythms of Grace: Discovering God's Tempo for Your Life, Kerri Weems, Christine Caine, Life is not a sprint; it's a marathon. These well-known words of wisdom remind us to pace ourselves in the journey of life so we reach the finish line with no regrets. Pacing yourself is not as easy as it sounds. Life tends to take on a pace of its own which when left unchecked, will drive us toward burnout and fatigue. We can easily become driven by care, worry, and ambition rather than led by the Holy Spirit. We may tend to think of burnout as a modern problem, but we can see that people in Jesus' day felt their own kind of spiritual and emotional fatigue. Why else would Jesus have said these comforting words? Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me-watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn...

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