



Wake Up! Awakening Through Reflection: A 10-Day Life Lessons Workshop (Paperback)

By Suzanne Ross

Lighten Up!, United States, 2015. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****. Have you ever wondered, Why was I put on this earth? Have you ever found yourself searching for more meaning and purpose in your life beyond the daily grind? Have you ever fantasized about pursuing your life's passion as your true calling ? In this life-changing 10-day workshop, Suzanne Ross will help you awaken to your full potential. You will learn how to heal the past so you can be freed from limiting beliefs, and live the life of your highest self! With advanced knowledge of integrative wellness, Suzanne has empowered many people to reach their highest potential. Not only has she helped them improve the quality of their life from a physical perspective but, through sharing her enlightened message, has inspired many to realize their potential from a spiritual perspective as well. The success of this approach inspired Suzanne to create a new concept called Evolutionary Wellness. By integrating components for enhancing the body, mind and spirit, students are empowered to create an exceptional life. Suzanne holds many advanced certifications in the field of wellness...

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