



## Integrating Spirituality into Multicultural Counseling

By Mary A. Fukuyama, Todd D. Sevig

SAGE Publications Inc. Paperback. Book Condition: new. BRAND NEW, Integrating Spirituality into Multicultural Counseling, Mary A. Fukuyama, Todd D. Sevig, 'There is a lot of research quoted in this book, and it is scholarly in all the right ways. It also contains a multitude of case vignettes and quizzes, which could be used in workshops. It deserves attention from anyone concerned with counselling. After all, in a sense all counselling is multicultural counselling' - BACP North London Magazine 'Finally! A book that examines the interface between spirituality and multiculturalism. Mary Fukuyama and Todd Sevig have created a timely masterpiece that provides a holistic view of multiculturalism, one that integrates spirituality into its fabric. The authors appropriately cover less known spiritual paths, such as Native American and Afrocentric perspectives. The chapter on developmental models of the spiritual journey is especially useful to counsellors and other helping professionals. The authors also tackle the challenging question of positive and negative expressions of spirituality. The self-awareness questions in each chapter prompt readers to examine their own spiritual and multicultural experiences and beliefs. Numerous case examples stimulate helping professionals to grapple with realistic and multifaceted issues that their client's face. The integration of materials from...



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